

Air Quality Stewardship

Air quality stewardship means taking action to reduce your contribution to air pollution, and making an effort to improve air quality.

Use the following tips to improve air quality at school, home and in your community!

Students

Plan your travel to and from school

- Walk to school with friends; it will give you a chance to wake up, exercise, and catch up with your classmates.
- Take the bus; a bus can take as many as 40 cars off of the road.
- Carpool; if your parent drives you to school, ask if he or she can pick up one of your classmates along the way. This takes one more car off of the road. Carpooling with friends saves fuel and time!
- If you live far from school, ask your parent to drop you off within walking distance to the school grounds. It reduces car emissions, and helps you get moving in the morning.

Teachers and Families

- Consider leaving your car at home just once a week.
- Combine errands to save gas and reduce exhaust.
- Park rather than idling in the drive-thru line.
- Don't idle to warm up your vehicle. The best way to do this is to drive the vehicle slowly for the first five kilometers.
- Slow down when you're driving. You will use less gas, and produce less pollution.
- Try not to overfill your gas tank as that contributes to gas leaks and evaporation.
- Consider joining a car-sharing co-operative. You'll end up driving less, which is good for the air and you'll save money.
- If you have an older model vehicle that you'd like to get rid of, consider the [BC Scrap-It Program](#), which provides incentives to take old vehicles off the road.
- Ask your employer to consider starting a carpool and switching to alternative work patterns. For example, consider compressed work weeks and working at home.

Source

<http://www.bcairquality.ca/101/individual-air-quality.html>

